



Two Serve

Sentry

Class: 1 (Trust)

Learning Target Content, Language, Product	Objectives: Introduction • Two Serve's Mission • Speaker Standard Objectives 1. Opening Prayer 2. Bible Lesson (1 Samuel 17) 3. Testimony/Share Out 4. Closing Prayer
Opening/Introduction Anticipatory Set	Two Serve connects combat veterans and first responders to children with wounds of war and violence. Through faith, we strive to support and mentor those with severe trauma and disabilities. This leads us to Sentry, which is a prayer/Bible study group created specifically to support the veterans and first responders. Here, you can share, if you want to, and speak about the things that trouble you, in a way that does not detract from how you should say your story. Here, we speak your language and appreciate the small things about how it describes sensitive situations. Don't water down your story by thinking you have to explain it in a different way.
Teacher Model Mini-Lesson (I Do)	The Coach/Lead Mentor will introduce themselves, giving a brief testimony and

	explain the objectives.
Class Instruction Whole Group (We Do)	Go around the group and let everyone introduce themselves. Answer (Name, Veteran or First Responder or both, tell us more about that, and tell us about your faith. Once everyone has gone, we will talk about the struggles of King David. This lesson is on his triumph over Goliath and his trust in the Lord.
Student-Centered Learning Experiences (You Do)	Read together 1 Samuel 17: 4 A champion named Goliath, who was from Gath, came out of the Philistine camp. His height was six cubits and a span.^[a] 5 He had a bronze helmet on his head and wore a coat of scale armor of bronze weighing five thousand shekels^[b]; 6 on his legs he wore bronze greaves, and a bronze javelin was slung on his back. 7 His spear shaft was like a weaver's rod, and its iron point weighed six hundred shekels.^[c] His shield bearer went ahead of him. 8 Goliath stood and shouted to the ranks of Israel, "Why do you come out and line up for battle? Am I not a Philistine, and are you not the servants of Saul? Choose a man and have him come down to me. 9 If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us." 10 Then the Philistine said, "This day I defy the armies of Israel! Give me a man and let us fight each other." 11 On hearing the Philistine's words, Saul and all the Israelites were

dismayed and terrified.

17 Now Jesse said to his son David, "Take this ephah^[d] of roasted grain and these ten loaves of bread for your brothers and hurry to their camp. **18** Take along these ten cheeses to the commander of their unit. See how your brothers are and bring back some assurance^[e] from them. **19** They are with Saul and all the men of Israel in the Valley of Elah, fighting against the Philistines."

32 David said to Saul, "Let no one lose heart on account of this Philistine; your servant will go and fight him."

33 Saul replied, "You are not able to go out against this Philistine and fight him; you are only a young man, and he has been a warrior from his youth."

34 But David said to Saul, "Your servant has been keeping his father's sheep. When a lion or a bear came and carried off a sheep from the flock, **35** I went after it, struck it and rescued the sheep from its mouth. When it turned on me, I seized it by its hair, struck it and killed it. **36** Your servant has killed both the lion and the bear; this uncircumcised Philistine will be like one of them, because he has defied the armies of the living God. **37** The LORD who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine."

Saul said to David, "Go, and the LORD be with you."

38 Then Saul dressed David in his own tunic. He put a coat of armor on him and a bronze helmet on his head. **39** David fastened on his sword over the tunic and tried walking around, because he was not

used to them.

"I cannot go in these," he said to Saul, "because I am not used to them." So he took them off. **40** Then he took his staff in his hand, chose five smooth stones from the stream, put them in the pouch of his shepherd's bag and, with his sling in his hand, approached the Philistine.

41 Meanwhile, the Philistine, with his shield bearer in front of him, kept coming closer to David. **42** He looked David over and saw that he was little more than a boy, glowing with health and handsome, and he despised him. **43** He said to David, "Am I a dog, that you come at me with sticks?" And the Philistine cursed David by his gods. **44** "Come here," he said, "and I'll give your flesh to the birds and the wild animals!"

45 David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied.

46 This day the LORD will deliver you into my hands, and I'll strike you down and cut off your head. This very day I will give the carcasses of the Philistine army to the birds and the wild animals, and the whole world will know that there is a God in Israel. **47** All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's, and he will give all of you into our hands."

48 As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. **49** Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he

	fell facedown on the ground. 50 So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine and killed him. 51 David ran and stood over him. He took hold of the Philistine's sword and drew it from the sheath. After he killed him, he cut off his head with the sword.
Student Discourse Prompt Higher-order thinking questions, Content Vocabulary/Sentence Stems	David trusted the Lord and was able to defeat Goliath. We look to Jesus Christ for salvation and trust in our everlasting life in heaven, but tend to not trust in the Lord to help us with everyday situations and problems. Psalms 20:7 Some trust in chariots and some in horses, but we trust in the name of the LORD our God. Proverbs 28:25 The greedy stir up conflict, but those who trust in the Lord will prosper. Name one thing that you are currently dealing with that you could trust more in the Lord to handle.
Closure Check for Understanding	If anyone would like to share out further, allow for time. Closing Prayer